# PROGRESS

LITTLEHAMPTON TOWN COUNCIL'S NEWSLETTER





hen looking for a service to help take care of those you love, you want to be sure you have made the right decision. At MyLife Homecare we understand that it is not always easy to ask someone new into your home. We believe that quality care comes from well-trained, compassionate staff and an effective and supportive branch team.

We have recently opened a brand new MyLife branch in Littlehampton and for those looking for home based care solutions in the West Sussex area, we offer a variety of services all designed to make sure that you or a loved one can receive the best possible care. Our experienced, knowledgeable and friendly team can help with all your home based care needs, including:

- Visiting Home Care offers extra support to people who want to continue living independently in their own homes. Our Assistants can visit just once a week or up to several visits a day throughout the week, depending on what is needed and provide personal care and help in the home.
- Respite Care is important for those who are caring for a loved one full time. Respite Care services can be provided on a long or short term basis, as and when you require or in advance for holidays.
- As Dementia progresses, needs become more intense and it often comes to the point where a family might consider residential care which can be a costly option. Having a Dementia Care Assistant allows the person with Dementia to stay at home and in familiar surroundings, whilst still receiving all the care they need. If required they can be there day and night providing reassurance to both the customer and their family.

- For those needing 24 hours a day support, Live In Care can bring complete reassurance. Families often live apart from each other and find it hard to provide the support that they would like to. Having a Live In Assistant gives families the peace of mind that somebody is always there and can be a friendly and encouraging presence in the home helping with cooking, cleaning and

any day to day tasks.

Whatever you choose you can be safe in the knowledge that you or a loved one will be happy, safe and supported. We put the customers needs at the heart of everything we do - understanding that care needs to be individually tailored and focused on the individual to support the lifestyle and independence level that is desired.

### Contact us today

MyLife West Sussex 1, Anchor Springs, Littlehampton, West Sussex, BN17 6BP

Tel: 01903 948090

Email: westsussex@mylifehomecare.co.uk

www.mylifehomecare.co.uk



## MAYOR'S MESSAGE



One of the wonderful things about being the Town Mayor is anticipating the events you will be asked to attend. And every day, something different comes in. So far, highlights have included going to Wembley to watch Littlehampton FC play in the FA Vase Final along with the club's enthusiastic local fans, a Jubilee street party to judge the best decorated house, a Thanksgiving Service for the Queen's Jubilee and the Jubilee Picnic Lunch held on East Green (enjoyed by all who attended, despite the less than summery weather!).

Our town is full of creative and energetic people, all of whom should be applauded. LOCA's Arts Trail during July is a good example; they brought together artists and sculptors to showcase their work to residents in local venues.

As the year continues there will be more to enjoy; the Town Show, Bonfire Night celebrations and then the Christmas Lights switch on. All details will be listed in Progress, so get your diaries out and save the dates!

Other news includes some long-term developments nearing completion such as the Town Centre improvements.

Appreciating what Littlehampton has to offer and supporting local events means that we can continue to build on our town's successes. To that end, I hope to see many of you at one of our wonderful events soon.

With warm regards, Councillor Jill Long, Town Mayor

#### **Contact the Mayor**

mayor@littlehampton-tc.gov.uk filittlehamptonmayor





Matt Pollard, Town Mayor Councillor Jill Long and Simon Peppers

Founded in 2020 by Littlehampton resident Matt Pollard after he realised the many benefits of getting outdoors and meeting new people, the group Men Walk Talk offers a safe, non-judgemental space to encourage men to speak about a range of issues.

Aiming to make a positive change to men's mental health by promoting walking and chatting, walks are arranged fortnightly, as well as weekly Zoom calls.

www.MenWalkTalk.co.uk



We are planning some exciting activities for the High Street this Autumn to celebrate the completion of the public realm works. Be sure to follow our social media and check notice boards for all the details.

**10** 01903 732063

wisitlittlehampton.co.uk

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### MEETING DATES SEPTEMBER TO NOVEMBER 2022

### **SEPTEMBER**

### Monday 5

**Property and Personnel** 

#### **Thursday 8**

**Community Resources** 

#### Monday 12

Planning and Transportation

#### Monday 19

**Policy and Finance** 

#### **OCTOBER**

### Monday 10

Planning and Transportation

### **Thursday 13**

**Full Council** 

#### **Thursday 20**

**Community Resources** 

### Monday 24

Policy and Finance

### **NOVEMBER**

### Monday 7

Planning and Transportation

#### **Thursday 24**

**Full Council** 

All meetings held at 6.30pm at the Manor House, Church Street, BN17 5EW.

#### For agendas and minutes see

www.littlehampton-tc.gov.uk/

Cover image: Littlehampton Queen's Jubilee Beacon Lighting













# GRANT AID RESULTS

This year's Town Council Grant Aid beneficiaries include The Juno Project. Providing targeted support for 18 young women in the Town, Sanchia Ryan, CEO at The Juno Project, told Progress:





"The Juno Project is delighted to be in receipt of an award from Littlehampton Town Council. The grant will allow us to encourage, enthuse and empower vulnerable young women in the Littlehampton area aged 14-16, who are currently struggling to reach their full potential.

"The Juno Project offers support to young women across West Sussex struggling with a range of complex issues which lead to impaired school attendance and attainment. Many of the young women we work with are dealing with the impact of trauma and/or mental health challenge. We help them to make sense of their thoughts, feelings, and behaviours and to grow their self-belief, offering tools for positive change and achievement."

Other recipients this year include Littlehampton & District Foodbank to buy slow cookers to help clients reduce energy bills and Cruse Bereavement Support to support Littlehampton residents.

Find out about the organisations that benefited from a total of £21,000 in Grant Aid

www.littlehampton-tc.gov.uk/grant-aid



### THIS YEAR'S GRANT AID RECIPIENTS

- 4 Sight Vision Support
- 1087 (Arun Valley) Squadron Air Cadets
- Age UK West Sussex, **Brighton & Hove**
- All Saints Wick Tots on Tuesday
- · Arun Dolphins Swimming Club
- Blueprint Youth
- Caterpillar Club Baby and Toddler Group

- · Cruse Bereavement Support
- · Dairy Arts Drop In
- Equine Partners
- Fare Divide -Community Fridge Network
- · Family Support Work
- · Littlehampton & District Foodbank
- Littlehampton Heritag Railway Association

- Home-Start Arun, Worthing & Adur
- The Juno Project
- · Littlehampton Child Contact Centre - LCCC
- Lifecentre
- Littlehampton Wave Life Saving Club
- The Littlehampton **Musical Comedy Society**

- · The Littlehampton Society
- · Littlehampton & District Men's Shed West (LADS West)
- · Grandads Front Room
- New Writing South
- St Barnabas House Hospice
- West Sussex Mind

### **MEET THE WARDEN**

With the news that the Community Wardens initiative is to be extended through Arun District Council (ADC) and Town Council funding, Progress caught up with Community Warden Jamie Riggs to find out more about the role...

- The thing I like most about my job is that no two days are the same; I enjoy interacting with all the community, especially young people who could possibly present challenging behaviour, and offer advice and guidance to them.
- Community wardens can help with being a visual presence by foot patrol around the whole of Littlehampton and engage with the local people. We listen to views and opinions and
- concerns which we pass on to the relevant agencies, as well as acting as a deterrent for Anti-social behaviour. I can also signpost people and give advice on things they may be unsure on or have a query about.
- The best way to contact us is by email which is monitored daily and responded to as soon as possible. But I do prefer talking to people face to face, so please stop and say hello if you see me out and about!
- Monthly drop-ins are held on the fourth Thursday of every month at Morrisons in Wick, from 10am-12pm. It gives people a chance to come and have a chat about any concerns or issues they have in their area or general advice.
  - community.wardens@arun.gov.uk Monthly drop-in sessions promoted on













### LITTLEHAMPTON'S DEVELOPMENTS



for traffic which provides better connectivity between the Town Centre and homes in the North at Hampton Park. Connecting the Fitzalan Link Road with the North of Littlehampton development the new Lyminster **Bypass Southern section** includes a bridge over the railway line, named after the late long serving Councillor **Tony Squires.** 

Town Mayor Councillor Jill Long with Persimmons Representatives, Councillors and Officers opening the new road

> This new Southern section was completed by the developers Persimmons while the final Northern section is currently being constructed by the County Council - when completed, estimated early 2023, it will provide a better link between Littlehampton and the A27 at Crossbush. This new road section will benefit the Town and help to alleviate the congestion currently experienced at the Lyminster level crossing in Wick. Once completed Hampton Park is set to include new allotments, a wildlife and wetlands area, new sports pitches, a new school and a new community centre.

**Councillor Mike Northeast.** 









### **CONGRATULATIONS TO OUR COMMUNITY CHAMPIONS!**

### **Ambassador Awards Certificate**



Ambassador Aleksandra Miovska with Petre and Loreta Stojanovski

At an event hosted by the then Mayor Councillor Michelle Molloy, the Town Council was delighted to receive her Excellency Aleksandra Miovska, Ambassador of The Republic of North Macedonia in April. Here to attend a ceremony at which her Excellency presented a Certificate of Appreciation to Petre and Loreta Stojanovski of the Vardar Restaurant, the award was in recognition of the couple's continued efforts to promote friendship, partnership, and Macedonian culture in the United Kingdom.

Hoping to encourage greater visibility of the Macedonian community in Littlehampton, the event was attended by members of Petre and Loreta's family. Petre was one of the first Macedonians to arrive in the UK in 1969. He and Loreta opened the Vardar Restaurant in 1979.

Speaking at the ceremony, Councillor Michelle Molloy said:



The Stojanovski's are valued members of our community and we thank them for the passion, love and hospitality that they bring to us.

### Well done, Alison

One of just five people in the county to be recognised in the 2022 Queen's New Years Honours List for their work to support others, Littlehampton's Alison Whitburn, Morrisons Community Champion, received a British Empire Medal for Services to the Communities of Littlehampton.

Admitting that she found out about the honour by phone ("my husband rang to say there was a very official looking letter for me and asked if I'd been speeding!"), Alison told him to open the letter. Stunned, it wasn't until she saw it for herself that she quite believed it.



I am so proud, but proud as a store. We have some really good colleagues at the Littlehampton store. Our customers are really supportive, too. I think everyone likes to be part of something positive for the community.

Obliged to keep the news secret until the official announcement was made, Alison was nominated for the award by Morrisons.



Community is really important to Morrisons and there's a Community Champion in every store. In Littlehampton we've supported lots of local causes; from local food banks and the Pancake Olympics to organising school uniform swaps. No two days are ever the same. I really do have the best job in the world.



Lord-Lieutenant Mrs Susan Pyper presenting award to Alison Whitburn with Town Mayor Councillor Jill Long



### CRACKING ON AND CLEANING UP

Thanks to swift reporting by residents and equally rapid action by the Town Council's Amenity Team, unsightly tags, scribbles and graffiti are quickly removed in Littlehampton. Working in partnership with the County Council, through the Street Scene Enhancement Scheme, the Amenity Team keeps the Town and other Parishes in the Eastern Arun free of graffiti and fly-posting, usually removing offensive incidents within the Council's policy timeframe of between 24-48 hours of it being reported.

Residents are urged to continue reporting all graffiti and fly-posting, enabling the team to keep cracking on and cleaning up.





IT'S BIG AND IT'S BACK! One of the most popular community celebrations in the Littlehampton events calendar, the Town Show and Family Fun Day takes place on Saturday 10 September, 12 noon - 5pm.

Marking the 19th Town Show, Rosemead Park will once again host a wonderful array of performances, activities and family fun, with highlights including a performance from local band Elephant in the Room. And as well as entertainment, tempting treats to eat and drink will be available from local caterers.

Sponsored by MyLife West Sussex - home care solutions, the show will feature some fantastic local performers (to be announced), while younger visitors can enjoy a variety of inflatables and a laser tag zone. Familyfriendly activities include a silent disco (led by Arun Youth Projects) and Littlehampton's Organisation of Community Arts (LOCA) will also offer interactive fun and games.

Other well-loved elements of the Town Show that are returning are the much-loved dog show (featuring four different categories) and the Horticultural and Craft competitions. Entry details can be found via the Littlehampton Town Show Facebook page. They are also detailed in the Show Guide, available from the Council offices.

I love the Town Show and Family Fun Day as it showcases our Town's best assets, the community. It really celebrates the community spirit of our Town through the many charity stalls, performances and the impressive Horticultural and Craft Show. Make sure you put the date in your diary and I look forward to seeing you there.

Chair of the Community Resources Committee, Councillor Billy Blanchard-Cooper.





GRADE II LISTED BUILDING • GRAND SETTING

01903 732063

littlehampton-tc.gov.uk/weddings weddings@littlehampton-tc.gov.uk



- TWO HALLS
- KITCHEN
- FREE CAR PARK
- INTERNAL COURTYARD **GARDEN**



Visit our website to see What's On bookings@littlehampton-tc.gov.uk www.littlehampton-tc.gov.uk











### Saturday 10 September

**Littlehampton Town Show** and Family Fun Day FREE

12:00 - 17:00 Rosemead Park



A celebration of the vibrant Littlehampton community including live performances, food court, dog show, inflatables, laser tag, silent disco, craft and horticultural show and more! Meet Littlehampton's incredible groups and organisations in the Community Marquee

featuring lots of interactive stalls.

01903 732063 W visitlittlehampton.co.uk



### Saturday 29 October **Littlehampton Bonfire Society Platinum Jubilee Event FREE**

Littlehampton Seafront 19:30 - 22:30

Celebrating its seventieth year, the Bonfire Society promises fun for the whole family at its annual event. A torch lit costumed procession will pass through the town and down to the Green where the bonfire will be lit and a fireworks display will take place! Coles Funfair will be in attendance with a variety of rides and food stalls. A programme with full details will be available before the event.

W littlehamptonbonfiresociety.co.uk

### Saturday 19 November

Christmas Lights Switch on & Late Night Shopping FREE 15:00 - 20:00 High Street

A magical event packed with festive entertainment for the whole family. This year the event is being extended and is on a Saturday, giving you plenty of time to enjoy the fabulous activities on offer. Look out for the full programme arriving in October.

01903 732063 W visitlittlehampton.co.uk



### **September**

**SPONSOR** 

### Saturday 3 Chicago The Musical -**Tori Productions**

14:30 - 16:30 First Show 19:00 - 21:00 Evening Show Windmill Theatre, BN17 5LH

Set in the legendary city during the roaring "iazz hot" 20s, Chicago tells the story of two rival vaudevillian murderesses locked up in Cook County Jail.

07703 562256

w toriproductions.wixsite.com/ musicaltheatre/production

### Saturday 17 Flight to Paradise Prom -**Edwin James Festival Choir** and Orchestra

Doors 18:45, Concert 19:30 Littlehampton United Church, **BN17 5FG** 

Join the Edwin James for their annual Prom Concert. Ticket cost -£10 adults / £4 under 16's. Donations from the concert will go to Age UK.

01243 582330

w edwinjamesfestivalchoir.co.uk

### Saturday 24 The Last Night of the Proms -**Littlehampton Concert Band**

19:20 - 22:00 Windmill Theatre, BN17 5LH

An evening of Latin American Music along with the usual Last Night of the Proms favourites. Booking in advance is required - tickets cost £12.00 per person.

01903 786978

w littlehampton-concertband.co.uk

### Saturday 24 September to Wednesday 23 November **Open Art Exhibition, "Hope"**

9:00 - 16:30 Mon to Fri, 10:30 - 16:30 Saturday Littlehampton Museum, **BN17 5EW** 

An exciting exhibition from amateur and professional artists, of all ages, from the Sussex area on this year's topic: Hope.

01903 738100

W littlehamptonmuseum.co.uk

### October

### Saturday 22 to Saturday 29

9:00 - 16:30 Mon to Fri, 10:30 - 16:30 Saturday Littlehampton Museum, BN17 5EW

Visitors can learn about the Town's maritime history and have-a-go at lego ship building or maritime inspired craft on our activity table.

**1** 01903 738100

W littlehamptonmuseum.co.uk



### Saturday 29 **Artisan Market -Bonfire Special FREE**

11:00 - 15:00 Littlehampton High Street

Bringing to the High Street local producers and creators, artisan craft makers, antiques, antiquarian books, busking, performance and live Art.

**1** 01903 722666

1 LOCALittlehamptonArts

### November

### Sunday 13 **Remembrance Sunday**

10:30 - 12:30

**Littlehampton War Memorial** 

A day for the nation to remember and honour those who have sacrificed themselves to secure and protect our freedom. The parade will muster adjacent to the Town Clock.

A short service including the laying of the wreaths and two minutes silence will be held at the war memorial, the parade will then move to St Mary's Church where another service will take place.

**1** 01903 732063

w visitlittlehampton.co.uk

### What's On at The Windmill?

A landmark building in our Town, The Windmill offers a busy film schedule and live performance.

www.windmillcinema.co.uk

### DO YOU HAVE **A CATERING** UNIT? **Littlehampton Town** Council are looking for caterers for 2022 events

If you want to attend one of our events, then please apply at:

www.littlehampton-tc.gov.uk/form/ catering-application-webform

please email: events@littlehampton-tc.gov.uk

or for more information

### Arun Youth **Projects** Littlehampton

Offering club sessions including games consoles, sports competitions, creative arts, cooking projects and trips for young people. Search Arun Youth Projects on Instagram and Facebook.

Entry 50p per session

f /arunyouthprojects

